Choosing the Right Fit-Size and Rating

Available in two sizes. Regular (36 x 90 in), and XLT (extra-large tall, 40 x 95 in). Regular will comfortably accommodate campers up to 6 ft tall, and 225 lbs. The XLT will comfortably accommodate sleepers up to 6'6" tall and 300 lbs. Consider sizing up if you prefer a roomy bag.

Z Top Sleep System Temperature Control

When sleeping in the outdoors, you likely are not in a temperature-controlled environment. As the night wears on, temperatures normally drop. You may have been active or had a meal before bed, but as the hours go by, your body can cool down as you lay still. Conversely, you may be a little chilled when you get into your sleeping bag. However, as your body heat warms up your sleeping bag, you may get too warm for comfort. The highly versatile Z Top sleep system (Z Top Sleeping bag with Booster Quilt) allows you to make adjustments so you can maintain a comfortable sleep temperature in most camping conditions. Here are some ways to adjust your sleep temperature:

1) Fold top flap up to seal body heat, fold it back to cool off.

2) Open or close the zipper at the foot to vent or seal.

3) Open side zipper to vent or seal.

4) Add or remove the Booster Quilt according to conditions.

Temperature Guide

Kodiak Canvas did not make the temperature ratings, and admittedly they are a little confusing. What Z Top sleeping bag temperature rating is best for you? Everyone's metabolism is different. There could be two people sleeping in the same conditions, and one would be freezing, and the other too warm. You know if you tend to be on the warm side, or the cold side—adjust accordingly. The guide below is helpful in selecting a Z Top sleeping bag with the right temperature rating.

Warm Nights (> 70° F): A Booster Quit to cover up may be all you need.

Cool Nights (45 to 65°F): +20° Z Top.

Cold Nights (30 to 50°F): +20° Z Top with Booster Quilt or 0° Z Top

Freezing Cold Nights (-5 to 30°F): +20° Z Top with Booster Quilt, 0° Z Top, or 0° with Booster Quilt.